

LET'S GO TO THE MARKET

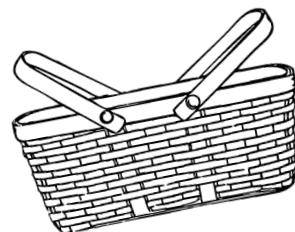


I want something sweet.

I want a _____ .

Let's go to the market.

And fill our _____ .

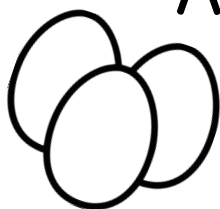


We need some _____ and some flour.

We need three _____ for the cake.

We need some butter and some _____

And lots of yummy _____ !

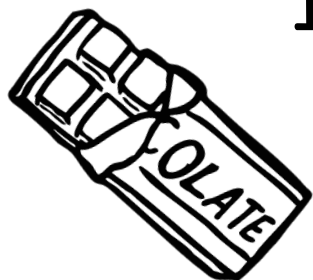


I want something fresh.

I want a fruit _____ .

Let's go to the market.

And fill our basket.



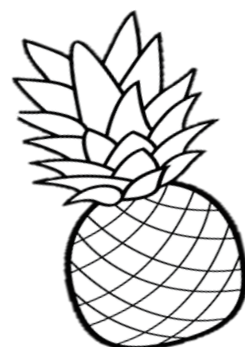
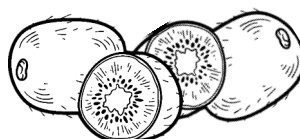
We need a pear and an _____ .

We need two _____ and an apple.

We need some _____ for

the fruit salad

And a big, big _____ !



Cut and stick the words in the correct group. (page 49)

I can count them

I can't count them



some sugar

some flour

two peaches

an orange

a pear

an apple

lots of
chocolate

a big pineapple

some kiwis

some butter

three eggs


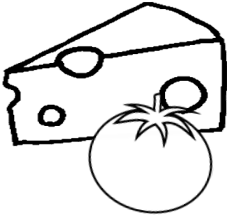



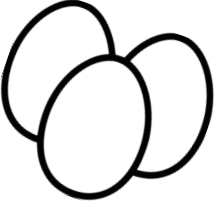
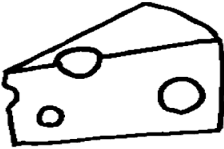



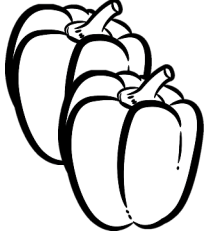


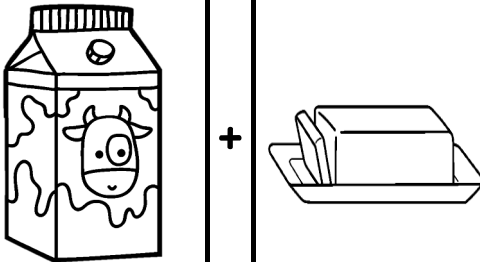
some milk

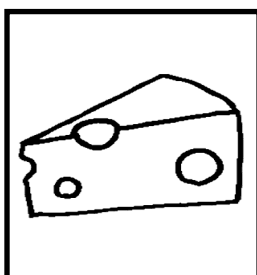
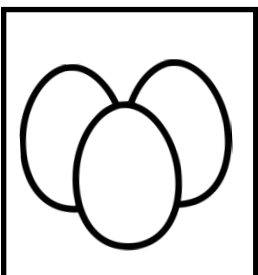
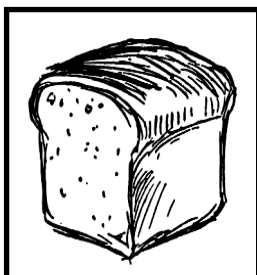
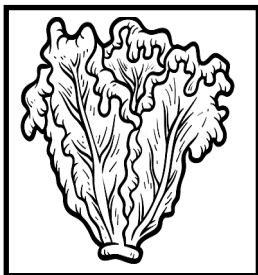
Rewrite the song on page 49 in cursive.

The page contains 15 sets of handwriting lines, each consisting of a solid red top line, a dashed blue middle line, and a solid red bottom line. These lines are provided for the student to practice writing the song in cursive.

Refer to page 49 and stick the correct pictures. Then ask and answer with your partner. What food do you want? What do you need to make it?

Look and talk.

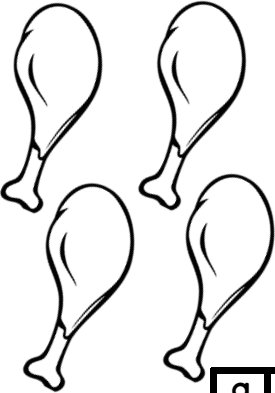
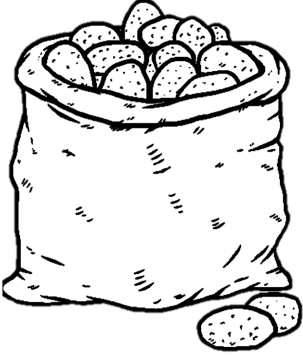

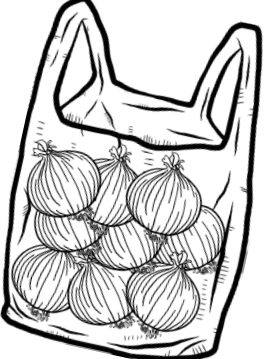
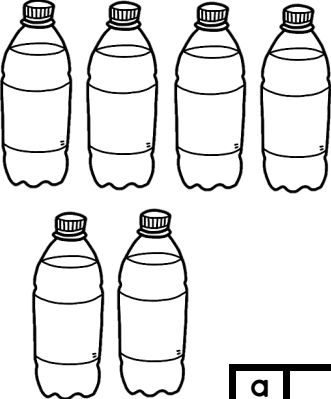
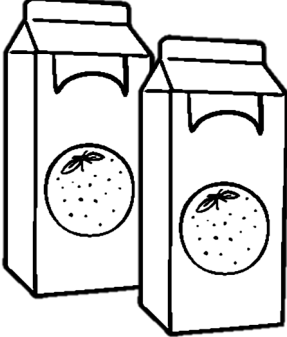
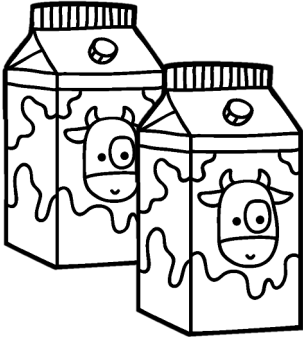

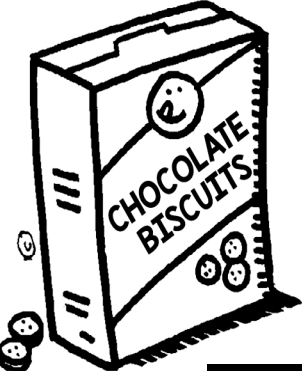

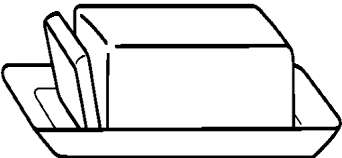

1	 sandwich	=		+			
2	 salad	=		+			
3	 omelette	=		+			
4	 pizza	=		+		+	
5	 pancake	=		+		+	



Read page 50 and write T for True and F for False.

1	Greg and Anna are hungry.	
2	Anna has got a box of cereal.	
3	There is a box of biscuits in the cupboard.	
4	There are some biscuits in the box.	
5	There is a carton of milk in the fridge.	
6	There is some juice in the carton.	

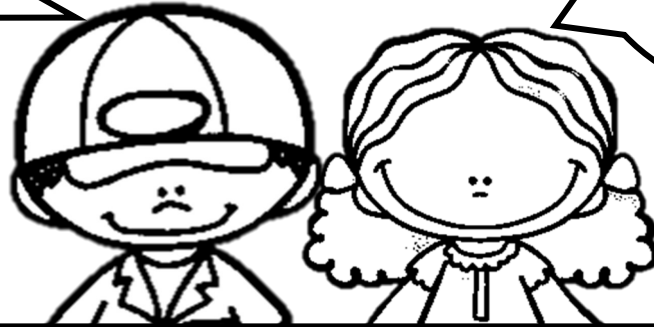
What are Tom and Samantha going to buy? Listen and tick (✓). (page 51)

1	 <p>a</p>	 <p>b</p>	 <p>c</p>	 <p>d</p>
2	 <p>a</p>	 <p>b</p>	 <p>c</p>	 <p>d</p>
3	 <p>a</p>	 <p>b</p>	 <p>c</p>	 <p>d</p>

Imagine you're going on a picnic. What are you going to buy? Talk to your friend and write the shopping list. (page 51)

Let's buy some orange juice.

OK. Let's buy a carton of orange juice.



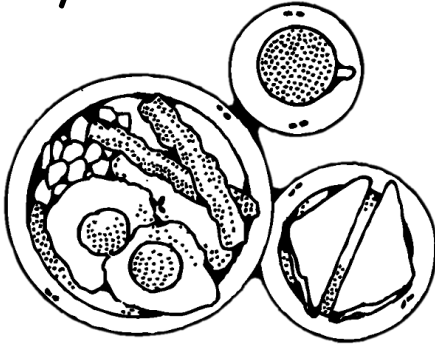
Shopping list

HEALTH QUIZ

DO THE QUIZ AND FIND OUT HOW HEALTHY YOU REALLY ARE!

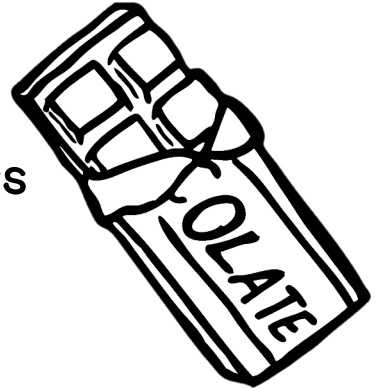
1. How many meals do you eat every day?

- A. 1 meal
- B. 3 meals
- C. 2 meals



4. How many bars of chocolate do you eat every week?

- A. over 7 bars
- B. 2-3 bars
- C. 0-2 bars



2. Do you eat vegetables with your lunch?

- A. sometimes
- B. never
- C. always



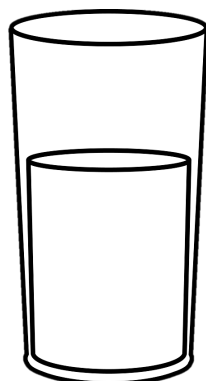
5. Do you exercise?

- A. yes, every day
- B. sometimes
- C. never



3. How much water do you drink every day?

- A. over 5 glasses
- B. 2-3 glasses
- C. 1-2 glasses



6. How many hours do you sleep?

- A. 5-6 hours
- B. 6-7 hours
- C. 8-10 hours



Talk to your friends. Ask the questions and write their answers. (page 52)

<p style="text-align: center;">→</p> <p>FRIEND'S NAME</p> <p>↓ QUESTIONS</p>	<p>Eg:</p> <p>Siti Hajar</p>			
<p>1. How many meals do you eat every day?</p>	<p><i>3 meals</i></p>			
<p>2. Do you eat vegetables with your lunch?</p>	<p><i>Yes</i></p>			
<p>3. How much water do you drink every day?</p>	<p><i>over 5 glasses</i></p>			
<p>4. How many bars of chocolate do you eat every week?</p>	<p><i>2 bars</i></p>			
<p>5. Do you exercise?</p>	<p><i>Yes</i></p>			
<p>6. How many hours do you sleep?</p>	<p><i>8 hours</i></p>			

1 How much milk does Anna drink every day?

- A. one glass
- B. two glasses
- C. three glasses



2 How often does Anna eat vegetables?

- A. once a day
- B. twice a day
- C. twice a week



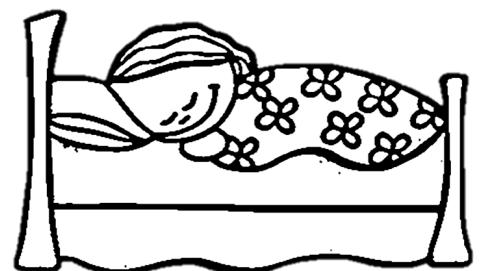
3 How often does Anna exercise?

- A. every day
- B. once a week
- C. three times a week



4 How many hours does Anna sleep every night?

- A. ten hours
- B. seven hours
- C. nine hours



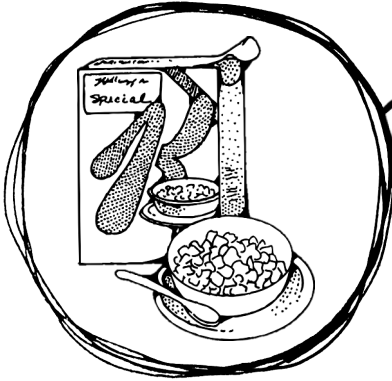
Are your friends healthy? Refer to the table below and ask and answer with your friends. Then, construct questions based on the table. (page 53)

How much How many	milk lemonade fruit sweets bars of chocolate hours minutes	do you	eat drink sleep exercise	every day?
----------------------	--	--------	-----------------------------------	------------

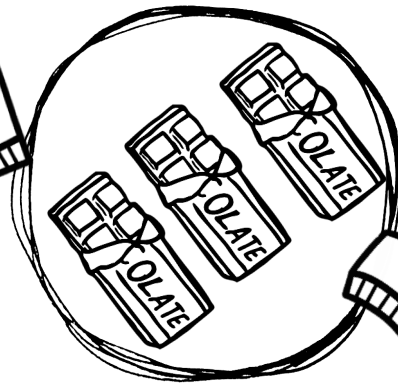
Eg:	How much milk do you drink every day?
1	
2	
3	
4	
5	
6	
7	
8	

START

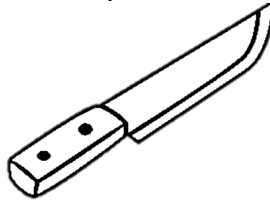
What's this?



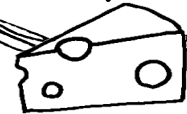
What are these?



Spell.



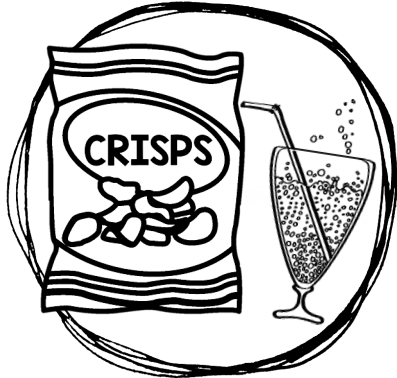
You want to cut a piece of cheese.
Go back one space.



You want to make an omelette.
What do you need?



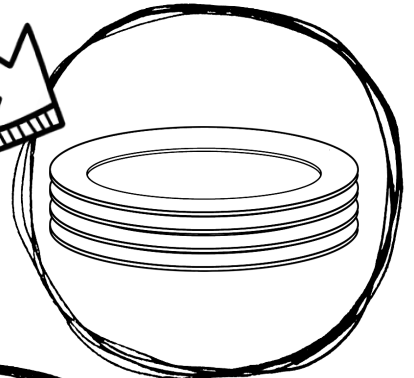
Is this a healthy dinner?



What do you need to eat the soup?



How many plates are there?



FINISH

How much milk do you drink every day?



What's in the basket?



What did Tony eat yesterday? Listen and read. Then, listen to your teacher and underline the words said by him/her. (page 35)

Yesterday, I had a bowl of cereal with milk for breakfast. For lunch I had meat and salad. After school, I played football for one hour. In the afternoon, I had a bowl of fruit salad. For dinner, I had a plate of pasta with vegetables. I had some ice cream for dessert. At night I slept for 10 hours. Yesterday was a healthy day!

Read again and write the correct answer.

WHAT TONY HAD

Breakfast:

Lunch:

Snack:

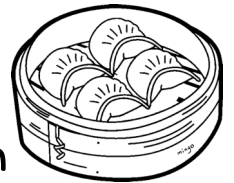
Dinner:



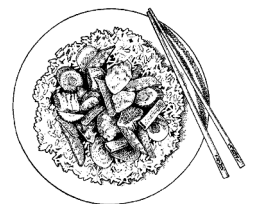
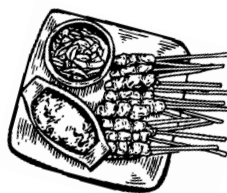
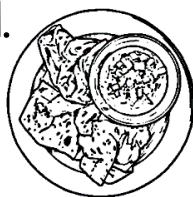
Listen and read. Then listen to your teacher and circle the words said by your teacher. (page 56)

**MALAYSIA INTERNATIONAL
GASTRONOMY FESTIVAL**
www.migf.com

Every year, thousands of people visit the Malaysia International Gastronomy Festival, or the MIGF, in Kuala Lumpur. For one month, visitors to MIGF can eat different kinds of food from more than 25 of Malaysia's best restaurants. There is food from all over Malaysia and around the world.



Eating isn't the only thing visitors can do there. They can also watch and learn how famous chefs cook their favourite food. There are also many classes where visitors can learn how to choose the best ingredients. Visitors can get coffee, cheese, nuts and much more from shops that have only the best. It is an amazing food festival.



Read again and write T for True and F for False.

1	The food festival is also called the MIGF.	
2	The food festival is every month.	
3	Visitors can try food from 25 different countries.	
4	Visitors go to MIGF only to eat.	
5	Famous chefs show visitors how they make their favourite food.	
6	The shops at the festival have only coffee, cheese and nuts.	

You are at a restaurant. Who says these phrases, the waiter or the customer? Write W or C. (page 57). Then use them in your role play.

1

Ready to order?

5

Can I have a knife, please?

2

Would you like anything to drink?

6

I'd like a pizza, please.

3

A table for two, please.

7

Would you like some dessert?

4

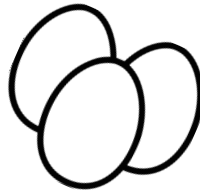
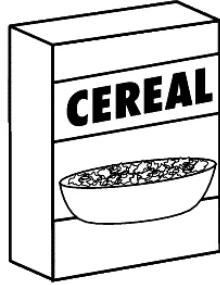
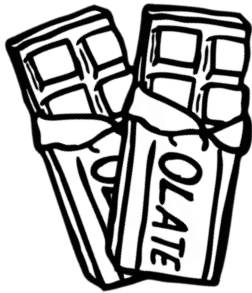
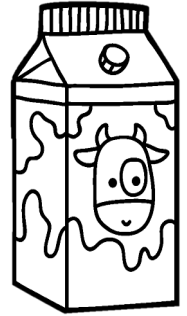
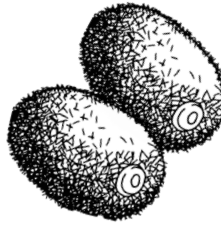
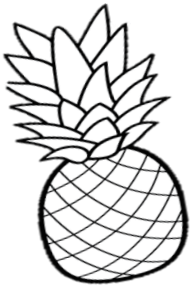
I'd like to pay, please.

8

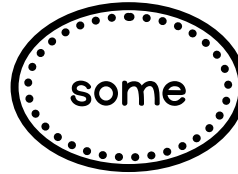
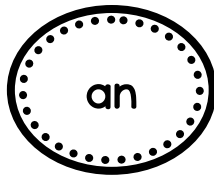
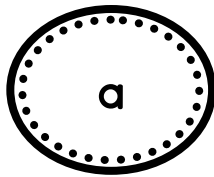
What would you like to eat?

REVISION 5

What do the children need? Listen and circle.



Write the correct answer.



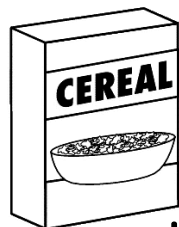
- | | |
|---|--|
| 1 | A: Have you got _____ milk?
B: No, I haven't. But I've got _____ bottle of apple juice. |
| 2 | There are _____ peaches, _____ butter and _____ carton of milk in the fridge. |
| 3 | Do you need _____ onions for the soup? |
| 4 | There isn't _____ bread in the basket. |
| 5 | We bought _____ plastic spoons and forks for the party. |
| 6 | There's _____ flour in the cupboard but there aren't _____ boxes of biscuits. |

WORD SEARCH

q	w	e	r	t	v	u	i	o	p	k	i	w	i
d	e	r	f	g	h	j	f	i	e	r	a	t	u
r	f	d	y	o	g	h	u	r	t	i	u	o	c
z	x	c	v	b	n	m	k	l	j	h	g	f	h
a	d	b	s	s	f	g	h	t	r	e	w	q	o
c	w	u	e	r	t	u	u	p	e	a	r	i	c
e	b	t	p	e	e	r	t	g	f	h	j	k	o
r	n	t	q	w	a	z	x	c	b	n	m	l	l
e	n	e	s	d	f	g	h	j	k	m	t	r	a
a	m	r	q	m	i	l	k	o	o	c	y	t	t
l	l	s	w	g	t	y	h	u	k	a	e	r	e
q	s	d	e	f	f	l	o	v	e	r	r	w	d
o	o	r	a	n	g	e	h	t	k	r	v	c	x
h	a	k	i	m	h	g	r	e	d	o	x	z	c
p	i	n	e	a	p	p	l	e	v	t	f	g	h
j	k	l	o	p	w	e	q	s	t	u	y	g	h



yoghurt



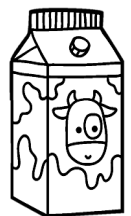
cereal



kiwi



pear



milk



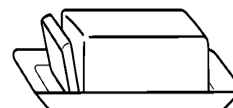
chocolate



pineapple



carrot



butter



orange



Cut the question cards. Shuffle them and pick several cards. Use the cards that you have picked and ask your friends using the questions in the cards.

teacherfiera.com™

What's in your bag?



teacherfiera.com™

What's in your room?



teacherfiera.com™

What's in your fridge?



teacherfiera.com™

Have you got any pens?



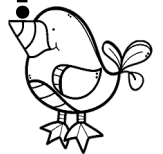
teacherfiera.com™

Have you got any milk?



teacherfiera.com™

Have you got any sugar?



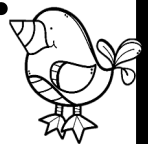
teacherfiera.com™

What's in your pencil case?

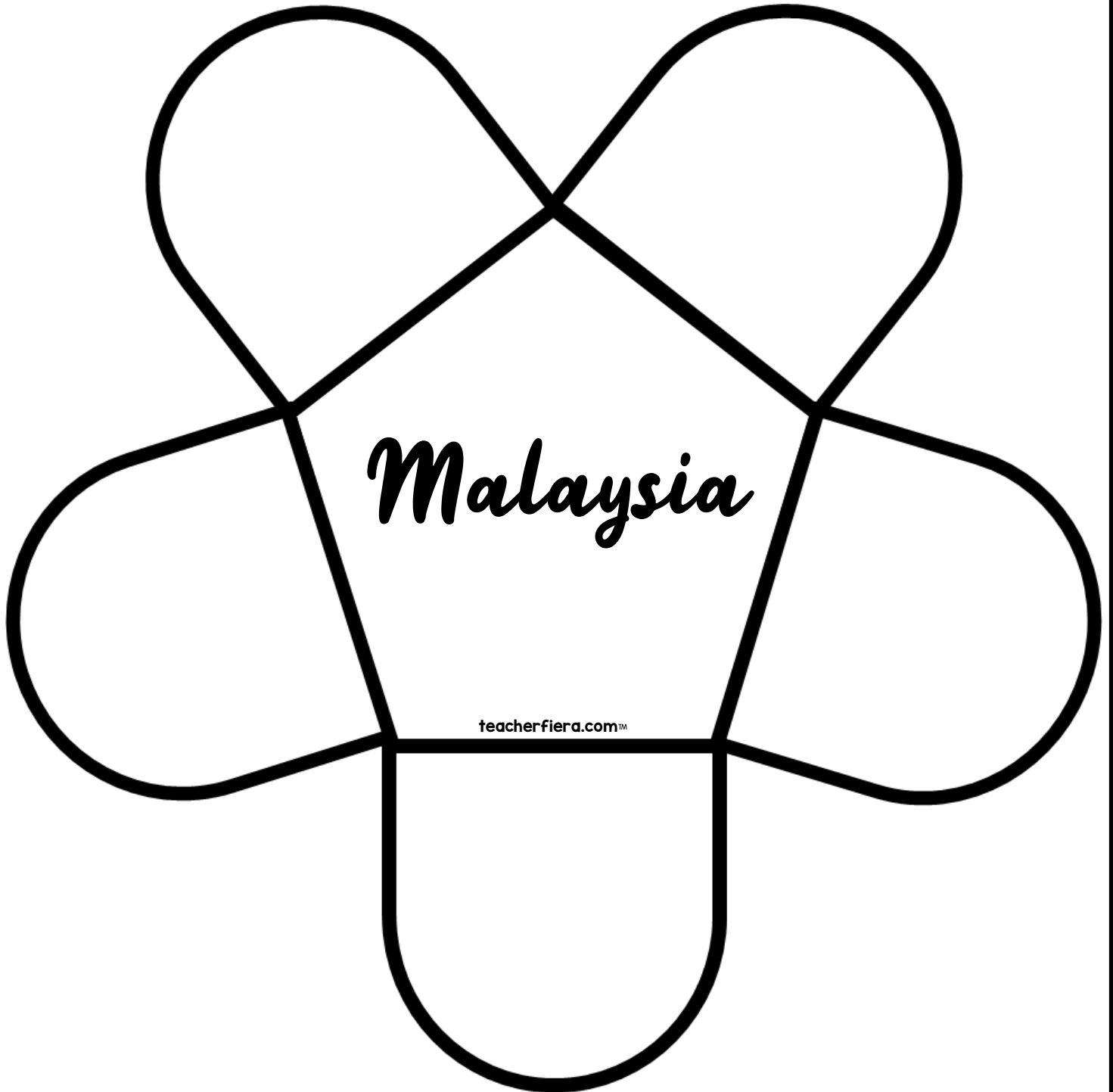


teacherfiera.com™

Have you got any rulers?



Draw and write 5 words that come to your mind when you think of Malaysia. (page 134)



Read page 134 and answer the questions.

1 How many people live in Malaysia?

1

2 When can you see a lot of Malaysian flags in the streets?

2

3 How many stripes are there on the Malaysian flag?

3

4 What is the nickname of the Malaysian flag?

4

5 What other name has the Malayan tiger got?

5

6 What is the colour of the hibiscus a symbol of?

6

Draw a picture or make a collage of pictures that show what being Malaysian means to you. (page 135)



**Do a survey in groups of four. Complete the table about yourself.
Then ask and answer. (page 134)**

()	You ()	Friend 1 ()	Friend 2 ()	Friend 3 ()
1. What is your favourite national celebration?				
2. What is your favourite traditional food?				
3. What is your favourite national symbol?				
4. Why are you proud to belong to the Malaysian nation?				

Interview an older relative of yours. Use the questions below. Present the answers in class. (page 134)

.....

PERSONAL INFORMATION ABOUT YOUR RELATIVE.

Name :

Date of birth :

Place of birth :

Relationship with you:

1. What is your favourite national celebration?

2. What is your favourite traditional food?

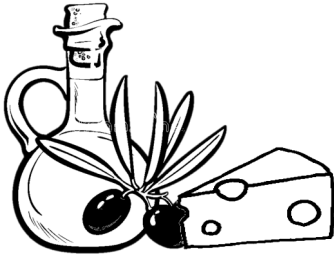
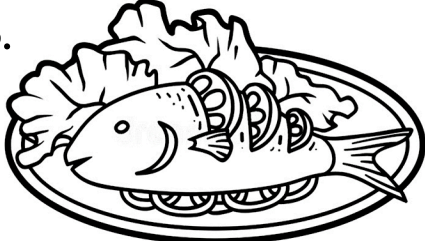

3. What is your favourite national symbol?

4. Why are you proud to belong to the Malaysian nation?

..... **While Watching**

Watch Part 3. Look and match. (page 147)

1. Breakfast
2. Lunch
3. Dinner

A.	
B.	
C.	

..... Watch Part 3 again. Read and circle. (page 147)

1	The video is about healthy/unhealthy food.
2	The people from the Mediterranean eat a lot of meat/fish .
3	Fruit is part of the Mediterranean breakfast/lunch .
4	The oil used is made from vegetables/olives .
5	People in Mediterranean have three/four meals a day.