

Year 5

UNIT 6



Textbook-
based

English
Worksheets

SCHOOL:

NAME:

CLASS:

TEACHER'S NAME:

VOCABULARY . Sports

What sports are popular in your country? Write below.

1. Write the correct answers. Which sports do you like? Tell your partner.
 2. Then take turns to mime and guess the sports with your partner.
- (page 62)

football

basketball

tennis

swimming

athletics

cycling

climbing

gymnastics

skiing

volleyball

golf

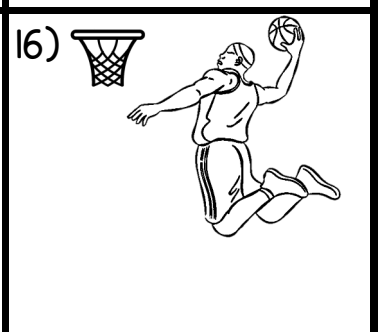
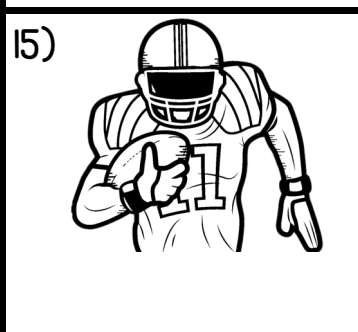
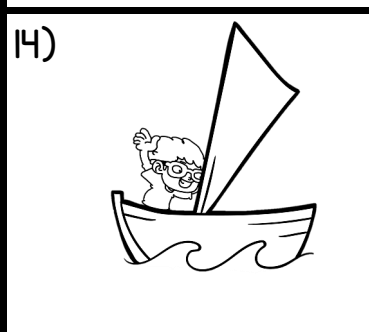
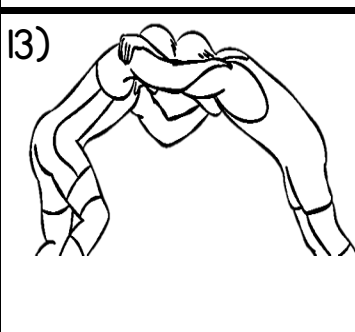
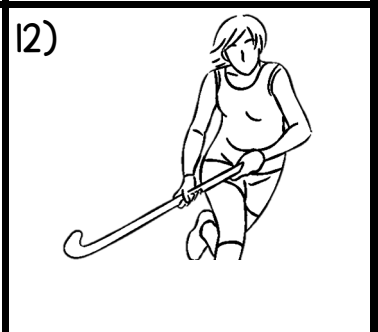
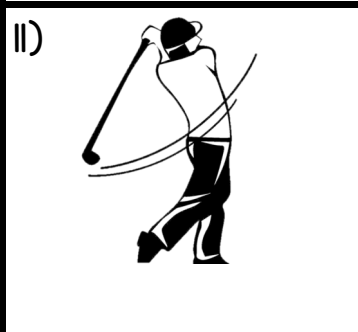
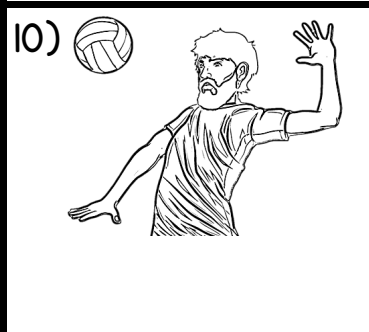
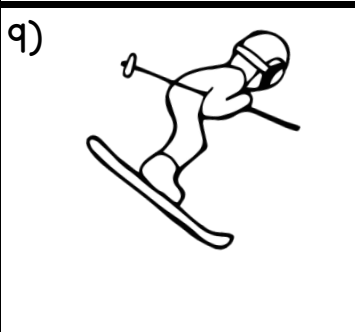
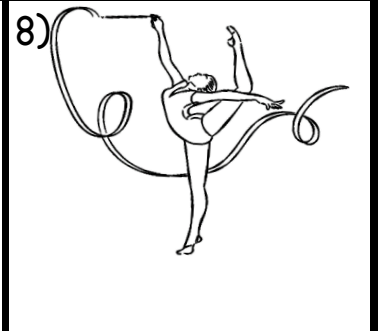
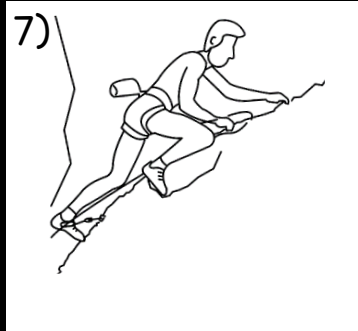
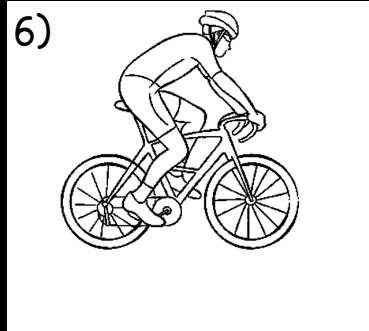
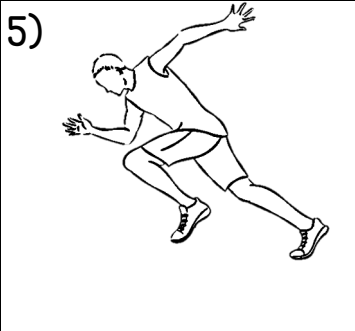
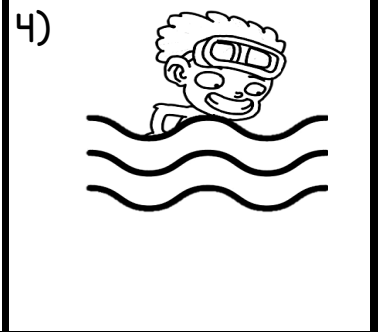
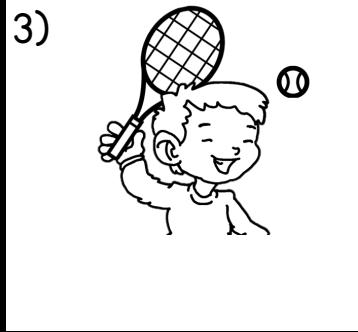
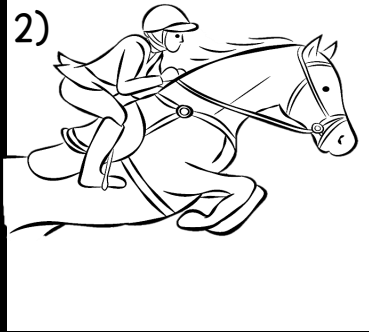
hockey

wrestling

sailing

rugby

horse riding



VOCABULARY . Sports

3. Write the meaning of the words below and do the quiz in pairs or teams. (page 62)

No	WORDS	MEANINGS	No	WORDS	MEANINGS
1	player		6	champion	
2	fans		7	ball	
3	competition		8	match	
4	race		9	Olympic	
5	stadium		10	team	

SPORTS QUIZ



How much do you know about sport? Do the quiz. Score one point for every correct answer. Then look at the key.

No	Questions	Answers	Points
1	Can you name a Malaysian badminton player?		
2	What is the name of Malaysia national football team?		
3	What is the longest event in athletics competition?		
4	What's the most famous cycling race in the world?		
5	In which country is the biggest football stadium in Europe?		
6	Judo is a sport. Which country is judo from?		
7	What is the correct size for a golf ball?		
8	How many players are there in a double tennis match?		
9	How long is an Olympic swimming pool?		
10	How many players are there in a beach volleyball team?		
TOTAL POINTS			

KEY

0-3 : Mmm. Sport is not your favourite thing, right?
4-6 : Not bad, but not great!

7-9 : Very good. Almost a champion!
10 : Excellent! You're officially sports crazy!

VOCABULARY . Sports

4. Watch or listen and answer the questions. (page 63)

No	Questions	Answers
1	Does Liane do any sports?	
2	What sport does Lewis watch on TV?	
3	Are there any sports Ray wants to try?	

5. Watch or listen again and complete the key phrases. (page 63)

Key phrases : TALKING ABOUT SPORTS

1	I'm in a _____ club.
2	I (don't) enjoy _____.
3	I'm in the _____ team.
4	I'm a _____ fan.
5	I want to try _____ .

6. Answer the questions below. Then ask the same questions to your partner. Write your answers and your partner's answers. (page 63)

No	Questions	Your answers	Your partner's answers
1	Do you do any sports?		
2	What sport do you watch on TV?		
3	Are there any sports you want to try?		
4	Do you have any favourite sportsperson? If yes, state the name.		

Draw your favourite sport.

READING . The Olympics then and now

When and where are the next Olympic games? Which sport in the box is not in the Olympics? Circle the answer. (page 64)

The next Olympic games will be in _____ in _____.
(Squash / Sailing / Rugby / Golf / Football) is not in the Olympics.

I. Read the text below. What sports are mentioned? Circle them.



OLYMPICS TIMELINE



1896	The first modern Olympic Games were in Greece. There were silver medals for winners and bronze medals for second place. There weren't any gold medals.
1900	Women weren't competitors until 1900. That year there were more competitors than spectators.
1912	There was an eleven-hour-forty-minute wrestling match between Martin Klein and Alfred Asikainen. It was the longest competition in Olympic history.
1916	In 1961, 1940 and 1944, there weren't any games because of war.
1920	There wasn't an Olympic flag until 1920. The flag of every country in the world has got one of the five Olympic colours in it.
1924	In the first Winter Olympics in France, the Canadian ice hockey team were champions with 122 goals.
1936	Twelve-year-old swimmer Inge Sorensen from Denmark was the youngest medallist in Olympic history.
1960	Abebe Bikila from Ethiopia was the first African to win a gold medal after running a marathon without shoes.
1988	Table tennis is one of the most popular sports in the world, but wasn't in the Olympics until 1988.
2012	Hiroshi Hoketsu was a competitor in a horse-riding-competition at the age of seventy-one.
2016	In Rio, golf and rugby were the first events in nearly 100 years.

READING . The Olympics then and now

2. Read and listen to the text "Olympics timeline" on page 64 again and circle "true" or "false". (page 64)

1	There were gold medals in the first Olympic Games.	true	false
2	There weren't any games in 1916.	true	false
3	Inge Sorensen was a swimmer from Ethiopia.	true	false
4	Abebe Bikila was a marathon runner.	true	false
5	Golf and rugby were Olympic sports for the first time in 2012	true	false

3. Write the meaning of the words below. (page 64)

No	WORDS	MEANINGS
1	winners	
2	competitors	
3	spectators	
4	swimmer	
5	medallist	

4. Work in pairs. Which piece of information in the text "Olympics timeline" do you think is the most interesting? Write them down in the mind map below. (page 64)

Interesting information
in "Olympics Timeline"

I would like to watch _____ in the Olympics.

LANGUAGE FOCUS . there was, there were . was, were

there was, there were

1. Complete the examples from the text on page 64. Then circle the correct words in the rules. (page 65)

1 _____ an eleven-hour-forty-minute match.

2 _____ any gold medals.

Rules

1 We use *there was* and *there wasn't* with **singular / plural** nouns.

2 We use *there were* and *there weren't* with **singular / plural** nouns.

2. Complete the text with affirmative and negative forms of *there was* and *there were*. (page 65)

there was

there wasn't

there were

there weren't

THE FIRST MARATHON

2,500 years ago 1) _____ a war between Greece and Persia and
 2) _____ a lot of battles. 3) _____ a big battle
 in a place called Marathon, which the Greeks won*. This was important news, but
 4) _____ any internet and 5) _____ no
 telephones. So a man called Pheidippides ran* to Athens with news of the battle. He ran
 about forty-one kilometres. 6) _____ any good roads, so it was a
 difficult journey. When he arrived in Athens, he died.

*won=past of win *ran = past of run

3. Write the correct answers. (page 65)

there was

there wasn't

there were

there weren't

1 2,500 years ago, _____ any rich footballers.

2 2,500 years ago, _____ many chariot races.

3 2,500 years ago, _____ a country called Persia.

4 2,500 years ago, _____ a sport called skateboarding.

5 2,500 years ago, _____ many messengers.

6 2,500 years ago, _____ any iPads.



LANGUAGE FOCUS . there was, there were . was, were

4. Write eight sentences about your country 100 years ago. Use the words in the box.
(page 65)

there was / wasn't many
there were / weren't a lot of
some / any
a / an

E.g. There weren't many cars.

1

2

3

4

5

6

7

8

.....
Read the sentences that you wrote above. Imagine the situation in your country 100 years ago. Illustrate them in your drawing below.

LANGUAGE FOCUS . there was, there were . was, were

was, were

6. Complete the examples from the "Olympics timeline" text on page 64. Then complete the rule. (page 65)

1 Horoshi Hoketsu _____ a competitor.

2 It _____ in the Olympics until 1988.

3 Golf and rugby _____ events for the first time.

4 Women _____ competitors until 1900.

Rule : was and were are the past forms of _____ and _____.

7. Write the correct answers. (page 65)

was
 wasn't
 were
 weren't

1 In the past, things _____ different.

2 In the past, sports stars _____ richer.

3 In the past, I _____ younger.

4 In the past, Everest _____ higher.

5 In the past, transport _____ slower.

6 In the past, people _____ taller.

8. Complete the sentences with *was* and *were* and your own ideas. (page 65)

E.g. I _____ born in _____.

1 When I _____ younger, my favourite sport is _____.

2 The number one song last week _____.

3 My great grandparents' names _____.

4 My favourite film last year _____.

5 My favourite day last week _____.

6 When I _____ younger, my hobbies _____.

7 My last meal _____.

9. Work in pairs. Compare your sentences in exercise 8.

VOCABULARY & LISTENING . X Games : Regular and irregular verbs

What sports are difficult and dangerous? Think and write them below? Then discuss with your partner, are these sports popular in your country?

I. Write the meaning of the verbs below. (page 66)

No	WORDS	MEANINGS
1	started	
2	travelled	
3	watched	
4	decided	
5	competed	

No	WORDS	MEANINGS
6	became	
7	learned	
8	went	
9	did	
10	won	

Match the verbs with the correct past simple forms. (page 66)

1	learn
2	start
3	go
4	win
5	travel
6	become
7	watch
8	do
9	compete (in)
10	decide

started
travelled
watched
decided
competed
became
learned
went
did
won

VOCABULARY & LISTENING . X Games : Regular and irregular verbs

2. Listen to the information about Alana Smith and Tom Schaar. From column A, choose who is talking. From column B, Choose where they are. Circle your answers. (page 66)

A Who is talking?	B Where are they?
parents talking sports fans talking Alana and Tom talking	at school at the X Games Asia an a TV programme

3. Listen again and circle the correct answers. (page 66)

No	Alana Smith	Tom Schaar
1	She learned to skate when she was A. four. B. seven. C. nine.	He learned to skate when he was A. four. B. seven. C. nine.
2	She went to X Games in A. Barcelona. B. Miami. C. Shanghai.	He went to X Games in A. Barcelona. B. Miami. C. Shanghai.
3	She did a trick called A. 900. B. 1080. C. 540 McTwist.	He did a trick called A. 900. B. 1080. C. 540 McTwist.
4	She won an X Games medal when she was A. ten. B. twelve. C. fourteen.	He won an X Games medal when he was A. ten. B. twelve. C. fourteen.

4. Complete the questions with the correct form of the verbs below. (page 66)

do	learn	become
winning	travel	competing

1	What sports do you want to _____?
2	Where do you want to _____?
3	Do you want to _____ a star? Why/Why not?
4	Do you prefer _____ or _____ in competitions? Why?
5	Can you _____ any dangerous sports?

LANGUAGE FOCUS . Past simple: affirmative . Past time expressions

Past simple: affirmative

I. Look at the examples and complete rules 1-3 with *have got* or *haven't got*. (page 67)

Examples :

Regular verb	Irregular verb
Regular verb : compete Examples: I competed in the Olympics They competed in the X Games.	Irregular verb : win Examples: She won an X Games medal. We won at the X Games.

have got

haven't got

Rules

- 1 Regular verbs past simple forms ending in **-ed**.
- 2 Irregular verbs past simple forms ending in **-ed**.
- 3 Verbs in the past simple the same form for *I, you, he, she, it, we* and *they*.

2. Read the study strategy. Then complete the Young sport superstars text with the past simple form of the verbs in parentheses. (page 67)

Study strategy: LEARNING IRREGULAR VERBS

It's important to check the past simple forms of verbs and learn the irregular ones. Put the verbs in groups of ten and try learning a different group every week.

★ YOUNG TALENT SUPERSTARS ★

Abdul Latif Romly 1) (go) to the Rio Paralympic Games in 2016. He 2) (win) the gold medal for the long jump on 11 September 2016. He actually 3) (break) the world record for the long jump three times in one day. Abdul Latif won Malaysia's 2016 Sportsman of the Year award for his achievements.

ABDUL LATIF ROMLY . MARTIN ODEGAARD

Martin Odegaard, from Norway, 4) (become) professional footballer at fifteen and 5) (score) great goals for his club. He first 6) (play) international football before he was sixteen.

A lot of famous clubs were interested in him and he 7) (train) with some of them. Finally, in 2015, Real Madrid 8) (give) him a contract.

LANGUAGE FOCUS . Past simple: affirmative . Past time expressions

PRONUNCIATION : -ed endings

3. Listen and repeat the words. Which letters come before the -ed ending in the lists below? Circle them. (page 67)

1) /t/ : practiced, watched

2) /d/ : travelled, played

3) /Id/ : started, decided

Past time expressions

4. Refer to the examples and answer the questions below. (page 67)

Examples : He first competed when he was twelve.
 She last competed in 1981
 He was on this programme two years ago.

1. How to you say the words below in your language? Write your answers.

1	first		3	last	
2	when he was		4	ago	

2. Do we put *ago* before or after a past time expression?
 We put ago a past time expression.

5. Write sentences using the past simple and the key phrases. Then compare with other people in the class. Are any of your sentences the same? (page 67)

Key phrases:
PAST TIME EXPRESSIONS

last Tuesday / weekend / week / year / August
 in August / 2014
 on Friday / Sunday
 when I was ten
 ten minutes / two weeks / a month

E.g.	I last (paly) sport..... I last played sport on Saturday.
1	I first (watch) the Olympics -----
2	I last (do) my English homework -----
3	I first (come) to this school -----
4	I last (run) 100 metres -----
5	I first (swim) in a pool -----
6	I last (see) a good film -----
7	I first (go) on a train -----

LANGUAGE FOCUS . Past simple: affirmative . Past time expressions

Write true and false statements about your life. Use the verbs on page 67.

True statements about my life.

E.g. I first went on a ferry when I was nine.

1

2

3

4

5

False statements about my life.

E.g. I last learned English in September 2020.

1

2

3

4

5

SPEAKING . Last weekend

Think of three answers of the question 'How was your weekend?'. Write them below.
(page 68)

1

2

3

1. Complete the dialogue with the correct answers. Then watch or listen and check. Why was Alfie happy on Saturday? (page 68)

Alfie Hey, Lois. How are things?

Lois Oh hi, Alfie. Good, thanks. How 1) _____ your weekend?

Alfie It 2) _____ great, thanks. I 3) _____ to a football match on Saturday.

Lois Really? 4) _____ it good?

Alfie Yes, it was brilliant. There 5) _____ a lot of goals. United 6) _____ 3-2 in the end.

Lois That's good news! Who 7) _____ you with?

Alfie My brother. Why don't you come next time?

Lois Sure. Why not? Text me when you're going, OK?

Alfie OK then. Bye, Lois.

Lois Bye.



2. Look at the key phrases. Cover the dialogue in exercise 1 and try to complete the key phrases. Then watch or listen and check. (page 68)

Key phrases : TALKING ABOUT THE WEEKEND

1 _____ was your weekend?

2 _____ good / bad news!

3 _____ were you with?

4 _____ don't you come next time?

5 Sure. _____ not?

6 Text me _____ you're going.

SPEAKING . Last weekend

3. Look at the phrases. Then listen to three mini-dialogues. Which phrases do you hear? Write them below. (page 68)

It was It wasn't	brilliant. cool. OK. great.	I went ...	to a concert. on a trip. to a tennis match. to the cinema on Saturday. to a restaurant with my parents.	
The	music place(s) players food game film	was wasn't were weren't	(really)	bad. boring. nice amazing. strange. interesting terrible.

1	It wasn't I went to the on The was really
2	It was I went The was
3	It was I went The was

4. Work in pairs. Prepare a mini-dialogue using the key phrases in exercise 2 and the phrases in exercise 3. Then practise the mini-dialogues with your partner. (page 68)

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SPEAKING . Last weekend

5. Work in pairs. Look at the pictures. Imagine that you went on a trip to the beach or restaurant last weekend. Prepare and practise new dialogues with the phrases in exercise 2 and 3. (page 68)



WRITING . A sport star

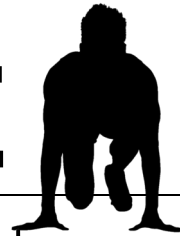
Name and write five famous international sports stars. Who is the most famous sports star in your country? What is his/her sport?

Five famous international sports stars:

The most famous sports star in my country is His/her sport is

I. Read the profile. Where was Usain Bolt born? When was his first world record?
(page 69)

Usain Bolt



1

Usain Bolt's full name is Usain Saint Leo Bolt and he is an athlete from Jamaica. He was born on 21st August 1986 in a small town in Jamaica called Sherwood Content and he now lives in Kingston.

2

Bolt first competed in sprint races when he was at school, and at the age of sixteen he was the youngest ever world junior champion for 200 metres. He continued to win competitions and then turned professional in 2004.

3

Bolt first broke a world record in a 100-metre race in May 2008 and after that he broke more records in 100- and 200 metres races. He also won gold medals at the Olympics in Beijing and London and became the world champion for both the 100 and 200 metres. He's one of the most successful competitors in the history athletics.

1

Where was Usain Bolt born?

2

When was his first world record?

WRITING . A sport star

2. Look at the key phrases. Which phrases do we use in paragraphs 1-3 on page 69? Read the profile again and check. Tick your answers. (page 69)

Key phrases : PROFILE OF A SPORTS STAR

1	His/Her full name is	
2	At the age of he/she	
3	He's/ She's one of the most successful in the history of	
4	He/She first competed/played in	
5	He/She was born on	
6	He/She continued to	
7	He/She first in	

3. Read the text on page 69 again. Match (only) three topics from a-e with paragraphs 1-3 on page 69. (page 69)

a	His life now
b	Greatest moments
c	Basic information
d	Problems
e	Early career

Paragraph 1
Paragraph 2
Paragraph 3

Create a certificate to Usain Bolt for being one of the most famous sports stars in the world.

REVIEW

Vocabulary

1. Find and colour the odd word out in each group. (page 70)

1	football	basketball	skiing
2	tennis	sailing	swimming
3	rugby	cycling	horse-riding
4	golf	hockey	judo
5	athletics	volleyball	tennis
6	climbing	skiing	hockey

2. Complete the sentences with the words in the box. (page 70)

started did travelled went became won competed

1	My sister _____ around Australia last summer.
2	Andy Murray _____ the Wimbledon tennis tournament in 2013.
3	Nadia Comăneci _____ in the Montreal Olympics when she was fourteen.
4	Last year my family and I _____ to Turkey.
5	I _____ all my homework at school.
6	Pele _____ to play football for the Brazil national team when he was sixteen.
7	One Direction _____ really famous in 2010.
8	We _____ around Malaysia five years ago with our caravan.
9	He _____ all the household chores by himself.
10	Maria _____ the drawing contest last year.
11	Hani _____ to drive when she was twenty.
12	Dani _____ to school by bus yesterday.

REVIEW

Language focus

3. Complete the dialogue with the affirmative or negative forms of *was* or *were*.
(page 70)

was

wasn't

were

weren't

Max	1) _____ you at the sports show last night?
Tom	No, I 2) _____ . 3) _____ it good?
Max	Good? It 4) _____ great! Becky and Raj 5) _____ there, too.
Tom	Really?
Max	Yes. There 6) _____ a lot of different sports to try.
Tom	No way! What's sports?
Max	Well, there 7) _____ judo. Then I did some climbing and cycling.
Tom	That sounds great!
Max	I know. It 8) _____ so cool, but there 9) _____ much time to talk to people. There 10) _____ any famous climbers or cyclists, but there 11) _____ a judo star there.
Tom	12) _____ it an Olympic champion?
Max	No, it 13) _____ me!
Tom	Ha, ha! Very funny, Max.

4. Write the past simple form of the verbs. Then decide and colour if they are regular or irregular. (page 70)

No	Verbs	Past simple form	Regular or Irregular?	
1	learn		Regular	Irregular
2	give		Regular	Irregular
3	see		Regular	Irregular
4	play		Regular	Irregular
5	come		Regular	Irregular
6	live		Regular	Irregular
7	speak		Regular	Irregular
8	finish		Regular	Irregular
9	eat		Regular	Irregular

REVIEW


Language focus

5. Complete the text with past simple form of the verbs in parentheses. (page 70)

Dr Ludwig Guttman 1) _____ (be) a German doctor and he 2) _____ (work) in a hospital in England during the second World War. His patients 3) _____ (have) serious problems with their backs, but Dr Guttman 4) _____ (use) sport to help them. He 5) _____ (begin) a sports competition at the hospital. Soon people from other countries 6) _____ (come) to the hospital games. In September 1960 the hospital games 7) _____ (change) to the Paralympics and the first competition 8) _____ (take) place in Rome. Athletes from twenty-three countries 9) _____ (compete) in the events. Italy 10) _____ (win) eighty medals!

Speaking

6. Choose and circle the correct responses. (page 70)

1	<p>How was your weekend?</p> <p>A) No, thanks. B) Yes, please. C) Great, thanks.</p>	
2	<p>I went to a tennis match.</p> <p>A) Hi, Beth. B) Was it good? C) OK, then.</p>	
3	<p>Who were you with?</p> <p>A) My mum and my sister. B) Cool! C) The food was good.</p>	
4	<p>Why don't you come next time?</p> <p>A) Bye. B) Sue. Why not? C) Yes, it was great.</p>	
5	<p>Text me when you're going, OK?</p> <p>A) That's good news. B) It was brilliant. C) OK, then.</p>	

REVIEW

Listening

7. Listen to two friends talking and answer the questions below. (page 70)

1 What did Louisa do at the weekend?

1

2 What did she write about?

2

3 When was the match?

3

4 Why was the match special?

4

5 Where were the players from?

5

6 How many games did the players play?

6

PUZZLES AND GAMES

I. Use the grid to find the first and last letters of sports 1-8.
Then write the sports. (page 71)

	A	E	I	O	U
P	a	g	m	s	y
T	b	h	n	t	z
G	c	i	o	u	
S	d	j	p	v	
M	e	k	q	w	
B	f	l	r	x	

E.g.	PE BA g ol f
1	BA BE -----
2	PA PO -----
3	TE PU -----
4	BI PU -----

5	PE PO -----
6	SO BE -----
7	SE GI -----
8	TO PO -----

2. SPORT ART

Work in groups. Write the names of the sports on page 62 on pieces of paper. One student takes a piece of paper and draws the sport. The other guess. The winner is the person who guesses the most sports.

PUZZLES AND GAMES

3. Work in pairs. Follow the instructions. (page 71)

Memory game

- Put four to eight objects on your desk.
- Look at the objects for ten seconds and remember them.
- One student closes his/her eyes.
- The other student takes the objects from the desk and hides them.
- The student opens his/her eyes and says what objects were on the desk using *there was/there were*. For example, There was a pen. There was a ruler. There were three books. There was an apple. The student gets a point for every correct sentence.
- Repeat the game with different objects. Who can get the most points?

4. Join the letters to find regular and irregular past simple forms. (page 71)

E.g.	STA	NT
1	WE	ETED
2	W	RTED
3	TRAV	ID
4	BEC	RNED
5	LEA	IDED
6	WAT	ON
7	D	AME
8	COMP	CHED
9	DEC	ELLED

E.g. : started _____

1) _____

2) _____

3) _____

4) _____

5) _____

6) _____

7) _____

8) _____

9) _____

PUZZLES AND GAMES

5. Complete the sentences. Then write the past simple form of the missing verbs in the puzzle. Then use the letters in the grey boxes to make a mystery word. (page 71)

E.g. w o n

1			
2			
3			
4			
5			
6			
7			

E.g. Germany won the football World Cup in 2014

1 Nadia Comăneci _____ born in Romania.

2 Usain Bolt _____ the world record in Beijing.

3 Pheidippides _____ from Marathon to Athens.

4 Pelè _____ from a poor family.

5 My dad _____ to the match on Saturday.

6 I _____ all my homework last night.

7 The 2021 Olympics _____ in London.



The mystery word is _____

